



# November



<p><b><u>2nd Breakfast</u></b> Sliced Apples Toasted Oats</p> <p><b><u>Lunch</u></b> Sloppy Joe Peas Sliced Peaches</p> <p><b><u>Snack</u></b> Pretzels Cheese Stick</p>	<p><b><u>3rd Breakfast</u></b> Blueberries WW Waffles Sugar Free Syrup</p> <p><b><u>Lunch</u></b> Ham &amp; Scalloped Potatoes Corn Mandarin Oranges Biscuit</p> <p><b><u>Snack</u></b> Carrots &amp; Cucumbers w/ Ranch Rice Cakes</p>	<p><b><u>4th Breakfast</u></b> Bananas WW Bagel Cream Cheese</p> <p><b><u>Lunch</u></b> Chicken Quesadillas Green beans Grapes Salsa</p> <p><b><u>Snack</u></b> 100% Apple juice Goldfish</p>	<p><b><u>5th Breakfast</u></b> Watermelon French toast &amp; Turkey sausage Sugar Free Syrup</p> <p><b><u>Lunch</u></b> Meatball Sub Carrots Unsweetened Applesauce WW bun</p> <p><b><u>Snack</u></b> Broccoli w/ Ranch Ritz Crackers</p>	<p><b><u>6th Breakfast</u></b> Strawberries Biscuit Jelly/Butter</p> <p><b><u>Lunch</u></b> Cheesy Pizza Salad w/ Cucumbers &amp; Garbanzo Beans Sliced Apples</p> <p><b><u>Snack</u></b> Graham Crackers Low Fat Vanilla Yogurt</p>
<p><b><u>9th Breakfast</u></b> Apple Slices Kix Cereal</p> <p><b><u>Lunch</u></b> BBQ Chicken Broccoli Sliced Pears WW Bun</p> <p><b><u>Snack</u></b> Softs Pretzels Cheese Cubes</p>	<p><b><u>10th Breakfast</u></b> Bananas Belvita Breakfast Bar</p> <p><b><u>Lunch</u></b> Ziti w/ Meat Sauce Peas Unsweetened Applesauce Biscuit</p> <p><b><u>Snack</u></b> 100 % Orange Juice Goldfish Crackers</p>	<p><b><u>11th Breakfast</u></b> Grapes WW English Muffins Jelly/Butter</p> <p><b><u>Lunch</u></b> Turkey Hot Dog Green Beans Mandarin Oranges WW bun</p> <p><b><u>Snack</u></b> Saltines Hummus</p>	<p><b><u>12th Breakfast</u></b> Watermelon Pancakes &amp; Turkey Sausage Sugar Free Syrup</p> <p><b><u>Lunch</u></b> Chicken w/ Rice Corn Sliced Peaches</p> <p><b><u>Snack</u></b> Blueberries Low Fat Vanilla Yogurt</p>	<p><b><u>13th Breakfast</u></b> Strawberries Biscuits Jelly/Butter</p> <p><b><u>Lunch</u></b> Cheesy Pizza Salad w/ Cucumbers &amp; Garbanzo Beans Sliced Apples</p> <p><b><u>Snack</u></b> 100 % Orange Juice Cheez-Its</p>
<p><b><u>16th Breakfast</u></b> Apple Slices Kashi Cereal</p> <p><b><u>Lunch</u></b> Grilled Cheese Green Beans Unsweetened Applesauce</p> <p><b><u>Snack</u></b> 100% Juice Goldfish Crackers</p>	<p><b><u>17th Breakfast</u></b> Bananas Pancakes &amp; Turkey Sausage Sugar Free Syrup</p> <p><b><u>Lunch</u></b> Taco Tuesday Corn/Lettuce Sliced Peaches</p> <p><b><u>Snack</u></b> Pretzels Cheese Sticks</p>	<p><b><u>18th Breakfast</u></b> Grapes Belvita Breakfast Bars</p> <p><b><u>Lunch</u></b> Chicken Noodle Soup Mixed Veggies Sliced Pears</p> <p><b><u>Snack</u></b> Blueberries Low Fat Vanilla Yogurt</p>	<p><b><u>19th Breakfast</u></b> Watermelon WW Waffle Sugar Free Syrup</p> <p><b><u>Lunch</u></b> Cheese Burgers Baked Beans Mandarin Oranges</p> <p><b><u>Snack</u></b> Broccoli w/ Ranch Ritz Crackers</p>	<p><b><u>20th Breakfast</u></b> Strawberries Biscuits Jelly/Butter</p> <p><b><u>Lunch</u></b> Cheesy Pizza Salad w/ Cucumbers &amp; Garbanzo Beans Sliced Apples</p> <p><b><u>Snack</u></b> Bananas Graham Crackers</p>



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<p><b>23rd Breakfast</b> Apple Slices Kix Cereal</p> <p><b>Lunch</b> Ziti w/ Meat Sauce Peas Mandarin Oranges Biscuit</p> <p><b>Snack</b> 100 % Orange Juice Goldfish Crackers</p>	<p><b>24th Breakfast</b> Bananas Waffles &amp; Turkey Sausage Sugar Free Syrup</p> <p><b>Lunch</b> Turkey Hot Dog Corn Sliced Peaches WW bun</p> <p><b>Snack</b> Rice Cakes Hummus</p>	<p><b>25th Breakfast</b> Sliced Pears WW Bagels Cream Cheese</p> <p><b>Lunch</b> Chicken Mac &amp; Cheese Broccoli Strawberries</p> <p><b>Snack</b> Graham Crackers Low Fat Vanilla Yogurt</p>	<p><b>26th Breakfast</b> Grapes WW English Muffins Soy Nut Butter</p> <p><b>Lunch</b> Ham &amp; Scalloped Potatoes Corn Unsweetened Applesauce Breadstick</p> <p><b>Snack</b> Soft Pretzel Cheese Cubes</p>	<p><b>27th Breakfast</b> Blueberries Biscuit Jelly/Butter</p> <p><b>Lunch</b> Cheesy Pizza Salad w/ Cucumbers &amp; Garbanzo Beans Apple Slices</p> <p><b>Snack</b> 100 % Apple Juice Cheez-Its</p>
<p><b>30th Breakfast</b> Apple Slices Toasted Oats</p> <p><b>Lunch</b> Sloppy Joe Peas Sliced Peaches WW Bun</p> <p><b>Snack</b> Pretzels Cheese Stick</p>	<p><b>27th Breakfast</b> Blueberries WW Waffles Sugar Free Syrup</p> <p><b>Lunch</b> Ham &amp; Scalloped Corn Mandarin Oranges Biscuits</p> <p><b>Snack</b> Carrots &amp; Cucumbers w/ Ranch Rice Cakes</p>	<p><b>28th Breakfast</b> Bananas WW Bagels Cream Cheese</p> <p><b>Lunch</b> Chicken Quesadillas Green Beans Grapes</p> <p><b>Snack</b> 100 % Apple Juice Goldfish Crackers</p>	<p><b>29th Breakfast</b> Watermelon French Toast &amp; Turkey Sausage</p> <p><b>Lunch</b> Meatball Sub Carrots Unsweetened Applesauce WW Bun</p> <p><b>Snack</b> Broccoli w/ Ranch Ritz Crackers</p>	<p><b>30th Breakfast</b> Strawberries Biscuits</p> <p><b>Lunch</b> Cheesy Pizza Salad w/ Cucumbers &amp; Garbanzo Beans Apple Slices</p> <p><b>Snack</b> Graham Crackers Low Fat Vanilla Yogurt</p>



**Notes:**

- This menu is peanut free
- Whole milk is served to 2 years & under
- 1% milk is served to 2 years & up



*In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity.*