



# January



<p><b><u>4th Breakfast</u></b> Sliced Apples Kix Cereal</p> <p><b><u>Lunch</u></b> BBQ Chicken Broccoli Sliced Pears</p> <p><b><u>Snack</u></b> Soft Pretzels Cheese Cubes</p>	<p><b><u>5th Breakfast</u></b> Bananas Belvita Breakfast Bar</p> <p><b><u>Lunch</u></b> Ziti w/ Meat Sauce Peas Unsweetened Applesauce Biscuit</p> <p><b><u>Snack</u></b> 100 % Orange Juice Goldfish Crackers</p>	<p><b><u>6th Breakfast</u></b> Grapes WW English Muffins Jelly/Butter</p> <p><b><u>Lunch</u></b> Turkey Hot Dog Green beans Mandarin Oranges WW Roll</p> <p><b><u>Snack</u></b> Saltines Hummus</p>	<p><b><u>7th Breakfast</u></b> Watermelon Pancakes &amp; Turkey sausage Sugar Free Syrup</p> <p><b><u>Lunch</u></b> Chicken w/ Rice Corn Sliced Peaches</p> <p><b><u>Snack</u></b> Blueberries Low Fat Vanilla Yogurt</p>	<p><b><u>8th Breakfast</u></b> Strawberries Biscuit Jelly/Butter</p> <p><b><u>Lunch</u></b> Cheesy Pizza Salad w/ Cucumbers &amp; Garbanzo Beans Sliced Apples</p> <p><b><u>Snack</u></b> 100 % Orange Juice Cheez-Its</p>
<p><b><u>11th Breakfast</u></b> Apple Slices Kashi Cereal</p> <p><b><u>Lunch</u></b> Grilled Cheese Green Beans Unsweetened Applesauce WW Bun</p> <p><b><u>Snack</u></b> 100 % Apple Juice Goldfish Crackers</p>	<p><b><u>12th Breakfast</u></b> Bananas Pancakes &amp; Turkey Sausage Sugar Free Syrup</p> <p><b><u>Lunch</u></b> Taco Tuesday Corn/Lettuce Sliced Peaches</p> <p><b><u>Snack</u></b> Pretzels Cheese Stick</p>	<p><b><u>13th Breakfast</u></b> Grapes Belvita Breakfast Bars</p> <p><b><u>Lunch</u></b> Chicken Noodle Soup Mixed Veggies Sliced Pears Biscuit</p> <p><b><u>Snack</u></b> Blueberries Low Fat Vanilla Yogurt</p>	<p><b><u>14th Breakfast</u></b> Watermelon WW Waffles Sugar Free Syrup</p> <p><b><u>Lunch</u></b> Cheese Burgers Baked Beans Mandarin Oranges WW Roll</p> <p><b><u>Snack</u></b> Broccoli w/ Ranch Ritz Crackers</p>	<p><b><u>15th Breakfast</u></b> Strawberries Biscuits Jelly/Butter</p> <p><b><u>Lunch</u></b> Cheesy Pizza Salad w/ Cucumbers &amp; Garbanzo Beans Sliced Apples</p> <p><b><u>Snack</u></b> Bananas Graham Crackers</p>
<p><b><u>18th Breakfast</u></b> Apple Slices Toasted Oats Cereal</p> <p><b><u>Lunch</u></b> Ziti w/ Meat Sauce Peas Mandarin Oranges</p> <p><b><u>Snack</u></b> 100% Orange Juice Goldfish Crackers</p>	<p><b><u>19th Breakfast</u></b> Bananas WW Waffles &amp; Turkey Sausage Sugar Free Syrup</p> <p><b><u>Lunch</u></b> Turkey Hot Dog Corn Sliced Peaches WW Roll</p> <p><b><u>Snack</u></b> Rice Cakes Hummus</p>	<p><b><u>20th Breakfast</u></b> Sliced Pears WW Bagel Cream Cheese</p> <p><b><u>Lunch</u></b> Chicken Macaroni &amp; Cheese Broccoli Sliced Pears</p> <p><b><u>Snack</u></b> Graham Crackers Low Fat Vanilla Yogurt</p>	<p><b><u>21st Breakfast</u></b> Grapes WW English Jelly/Soy Nut Butter</p> <p><b><u>Lunch</u></b> Ham &amp; Scalloped Potatoes Ham Mandarin Oranges Corn Bread Stick</p> <p><b><u>Snack</u></b> Soft Pretzel Cheddar Cheese Cubes</p>	<p><b><u>22nd Breakfast</u></b> Blueberries Biscuits Jelly/Butter</p> <p><b><u>Lunch</u></b> Cheesy Pizza Salad w/ Cucumbers &amp; Garbanzo Beans Sliced Apples</p> <p><b><u>Snack</u></b> 100 % Apple Juice Cheez-Its</p>



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<p><b>25th</b> <b>Breakfast</b> Apple Slices Kix Cereal</p> <p><b>Lunch</b> Sloppy Joe Peas Sliced Peaches WW Roll</p> <p><b>Snack</b> Pretzels Cheese Stick</p>	<p><b>26th</b> <b>Breakfast</b> Blueberries WW Waffles Sugar Free Syrup</p> <p><b>Lunch</b> Ham &amp; Scalloped Potatoes Corn Mandarin Oranges Biscuit</p> <p><b>Snack</b> Carrots/Cucumbers Rice Cakes</p>	<p><b>27th</b> <b>Breakfast</b> Bananas WW Bagels Cream Cheese</p> <p><b>Lunch</b> Chicken Quesadillas Green Beans Grapes Salsa</p> <p><b>Snack</b> 100 % Apple Juice Goldfish Crackers</p>	<p><b>28th</b> <b>Breakfast</b> Watermelon French Toast &amp; Turkey Sausage Sugar Free Syrup</p> <p><b>Lunch</b> Meatball Sub Carrots Unsweetened Applesauce WW Roll</p> <p><b>Snack</b> Broccoli w/ Ranch Ritz Crackers</p>	<p><b>29th</b> <b>Breakfast</b> Strawberries Biscuits Jelly/Butter</p> <p><b>Lunch</b> Cheesy Pizza Salad w/ Cucumbers &amp; Garbanzo Beans Sliced Apples</p> <p><b>Snack</b> Graham Crackers Low Fat Vanilla Yogurt</p>



**Notes:**

- This menu is peanut free
- Whole milk is served to 2 years & under
- 1% milk is served to 2 years & up



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