



# January 2021



				<p style="text-align: center;"><sup>1</sup> <b>HAPPY NEW YEAR</b></p> <p style="text-align: center;"><b>Center Closed!</b></p>
<p style="text-align: center;"><u>4</u> <b>Breakfast</b> Rice Krispies Orange</p> <p style="text-align: center;"><b>Lunch</b> Chicken Pasta w/Peas and Carrots Cantaloupe</p> <p style="text-align: center;"><b>Snack</b> Mini pretzels Tropical Fruit</p>	<p style="text-align: center;"><u>5</u> <b>Breakfast</b> Pancakes Banana</p> <p style="text-align: center;"><b>Lunch</b> Turkey and gravy on Whole grain rich bread Carrot sticks Fruit Cocktail</p> <p style="text-align: center;"><b>Snack</b> Ritz crackers String Cheese</p>	<p style="text-align: center;"><u>6</u> <b>Breakfast</b> Oatmeal w/ Raisins &amp; Craisins Mandarin Oranges</p> <p style="text-align: center;"><b>Lunch</b> Sloppy Joe Hash Brown Potatoes Apple Slices Roll</p> <p style="text-align: center;"><b>Snack</b> Graham crackers Apple Slices</p>	<p style="text-align: center;"><u>7</u> <b>Breakfast</b> Whole wheat English Muffin Pineapple</p> <p style="text-align: center;"><b>Lunch</b> BBQ Chicken Broccoli Tropical Fruit Roll</p> <p style="text-align: center;"><b>Snack</b> Ants on a Log (Banana, Soynut Butter &amp; Raisins)</p>	<p style="text-align: center;"><u>8</u> <b>Breakfast</b> Cornbread Sliced Peaches</p> <p style="text-align: center;"><b>Lunch</b> Cheese Pizza on whole grain rich crust California blend mixed vegetables Pears</p> <p style="text-align: center;"><b>Snack</b> Snack Mix Juice</p>
<p style="text-align: center;"><u>11</u> <b>Breakfast</b> Cheerios Pear Halves</p> <p style="text-align: center;"><b>Lunch</b> Soynut Butter &amp; Jelly sandwich Mixed Vegetables Fruit Cocktail String cheese</p> <p style="text-align: center;"><b>Snack</b> Apple Slices Pretzels</p>	<p style="text-align: center;"><u>12</u> <b>Breakfast</b> French Toast Peaches</p> <p style="text-align: center;"><b>Lunch</b> Soft Chicken Taco w/ Lettuce &amp; Cheese Pineapple Chunks Corn</p> <p style="text-align: center;"><b>Snack</b> Whole Wheat Pita Bread Hummus</p>	<p style="text-align: center;"><u>13</u> <b>Breakfast</b> Mini bagel Banana</p> <p style="text-align: center;"><b>Lunch</b> Cheeseburger whole wheat pasta Carrots Applesauce</p> <p style="text-align: center;"><b>Snack</b> Grapes Whole grain rich Cheese-its</p>	<p style="text-align: center;"><u>14</u> <b>Breakfast</b> Scrambled Eggs Apricots</p> <p style="text-align: center;"><b>Lunch</b> Chicken Nuggets Green Beans Nectarine Whole wheat roll</p> <p style="text-align: center;"><b>Snack</b> Fruit cocktail Milk</p>	<p style="text-align: center;"><u>15</u> <b>Breakfast</b> Kix Cantaloupe</p> <p style="text-align: center;"><b>Lunch</b> Pasta w/ Beef &amp; Sauce Steamed Broccoli Pears</p> <p style="text-align: center;"><b>Snack</b> Ritz Crackers Cheese Cubes</p>





# January 2021



<p><b><u>18</u></b> <b><u>Breakfast</u></b> Corn Chex Pineapple Tidbits</p> <p><b><u>Lunch</u></b> Chicken w/ pasta Peas and carrots Applesauce</p> <p><b><u>Snack</u></b> Soynut Butter Dip Apple Slices</p>	<p><b><u>19</u></b> <b><u>Breakfast</u></b> Waffle Diced Pears</p> <p><b><u>Lunch</u></b> Meatball Sub on a roll Carrots Fruit Cocktail</p> <p><b><u>Snack</u></b> Whole grain rich Goldfish Grape Halves</p>	<p><b><u>20</u></b> <b><u>Breakfast</u></b> Whole grain rich toast Banana</p> <p><b><u>Lunch</u></b> Turkey &amp; Gravy w/ Mashed Potatoes Green beans Pineapple Tidbits</p> <p><b><u>Snack</u></b> Low fat yogurt Graham crackers</p>	<p><b><u>21</u></b> <b><u>Breakfast</u></b> Pancake Mandarin Oranges</p> <p><b><u>Lunch</u></b> Cheese Pizza on whole grain rich crust California blend mixed vegetables Diced Peaches</p> <p><b><u>Snack</u></b> Ritz cracker String cheese</p>	<p><b><u>22</u></b> <b><u>Breakfast</u></b> English Muffin Apple</p> <p><b><u>Lunch</u></b> Ham &amp; Scalloped Potatoes Peas Tropical Fruit</p> <p><b><u>Snack</u></b> Cheddar cheese cubes Wheat thins</p>
<p><b><u>25</u></b> <b><u>Breakfast</u></b> Life cereal Applesauce</p> <p><b><u>Lunch</u></b> Chicken with Mixed veggies and Rice Diced Peaches</p> <p><b><u>Snack</u></b> Soft Pretzel Cheddar cheese cubes</p>	<p><b><u>26</u></b> <b><u>Breakfast</u></b> Waffle Fruit Cocktail</p> <p><b><u>Lunch</u></b> Ravioli &amp; Meat Sauce Carrots Diced Pears Whole wheat roll</p> <p><b><u>Snack</u></b> Graham Crackers Strawberries</p>	<p><b><u>27</u></b> <b><u>Breakfast</u></b> Hot Biscuit Apricot Halves</p> <p><b><u>Lunch</u></b> Baked Beans w/ Hot Dogs Cantaloupe Cubes Roll</p> <p><b><u>Snack</u></b> Low fat cottage cheese Pears</p>	<p><b><u>28</u></b> <b><u>Breakfast</u></b> Bagel Peaches</p> <p><b><u>Lunch</u></b> Soft beef taco w/ lettuce &amp; cheese Corn Pineapple</p> <p><b><u>Snack</u></b> Whole wheat pita bread w/ Soynut Butter</p>	<p><b><u>29</u></b> <b><u>Breakfast</u></b> Cinnamon toast Banana</p> <p><b><u>Lunch</u></b> Whole wheat pasta &amp; meat sauce Broccoli Strawberries</p> <p><b><u>Snack</u></b> Low fat yogurt with Blueberries</p>



**Care a lot**  
CHILD CARE  
*"Caring is at the heart of what we do!"*

**Notes:**

- This menu is peanut free
- Whole milk is served to 2 years & under
- 1% milk is served to 2 years & up
- Water is offered with snack
- *This menu is subject to change*

*In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity.*